

# ST. VRAIN VALLEY SCHOOL DISTRICT

## STUDENT-PARENT HANDBOOK

for

## MIDDLE SCHOOL INTRAMURALS/ACTIVITIES

### MIDDLE LEVEL ACTIVITY PROGRAM PHILOSOPHY STATEMENT, RATIONALE AND GOALS

#### Philosophy Statement

The St. Vrain Valley School District should provide opportunities through its middle school extracurricular program that will allow participation by everyone who wants to be involved.

Middle School Activities should seek to provide a variety of meaningful as well as fun activities including competitive and non-competitive opportunities in traditional and non-traditional programs. These activities should promote physical, mental, social and emotional development through skill building, positive self-esteem, cooperation and positive group identity and also promote a wholesome interest in activities.

Middle school activities should effectively accommodate both the interests and abilities of students for maximum involvement and participation. Rewards and recognition should be attainable to all students, not just to those whose earlier maturation or abilities allow them to dominate their peers.

These activities should strive to develop healthy self concepts as well as healthy bodies. They should provide an avenue for skill advancement, the formation of lasting friendships and other personal interactions which in turn will contribute to preparing the students for the future demands to be placed upon them.

We recognize the fact that there are significant developmental differences among children in the middle school age group. The children in this grouping demonstrate a variety of needs for personal growth and development. These developmental needs may fall into several categories including the following: social, emotional, mental and physical. We acknowledge that middle school programs must be established to best meet the developmental needs of the majority of the students. We further acknowledge that middle school aged students in all parts of the St. Vrain Valley School have similar developmental needs.

We recognize that the St. Vrain Valley School District is a district of great diversity. This diversity is shown most profoundly by the difference in the size of the several schools. The variance in size is caused by factors such as geographic location, preference in rural-vs-suburban life styles and family traditions. Students who attend schools of different size may have different program needs.

Even though the needs of all middle school students are the same or similar, it may be necessary to design programs that appear to be different to meet the needs in each unique community setting. To this end the following goals are established to serve as guidelines.

#### GOALS

1. Provide a superior extra-curricular program that includes developmentally appropriate activities for every boy and girl.
2. Provide opportunity for every student to experience personal success in each activity he or she selects.
3. Provide opportunities for students with different levels of skill development.
4. Promote sportsmanship and cooperation for all participants and spectators.
5. Provide opportunities within the activity program which promote the development and growth of every student's abilities.
6. Develop intramural and/or interscholastic activity programs which provide for participation among schools, thus providing levels of competition.
7. Promote participation in structured activities through an extra-curricular program that meets the needs of the individual school and community; it serves within the limits of budget and facilities.
8. Promote safety and welfare of the students involved in the activity programs.
9. Encourage and provide the best possible instruction through the use of the best qualified and certified instructors available.

**INTERSCHOLASTIC/INTRADISTRICT ATHLETICS**  
**District Training Rules and Athletic Participation Code**  
**and Contract**

**Introduction**

The purpose of these guidelines is to provide clarity, consistency, and fairness in the application of this code. Athletic training regulations are normally more stringent than standard school regulations for several reasons. The desire of the school district is to provide a standard whereby participants can minimize risk factors involving injuries and general well being. Schools and society in general look to participants to demonstrate self-discipline, leadership, moral character, and good health habits. Students wishing to participate in intradistrict intramural athletic programs are required to meet standards of personal behavior and academic performance which are reasonably related to district purposes, including but not limited to insuring that the participant is representative of the community, the district and the school's ideals in matters of academic conduct, sportsmanship and citizenship.

**Recognizing the fact that participation in athletic programs is purely voluntary on the part of the student, the participant is to be accountable to rules, regulations, and procedures set forth in this code.**

**Application of Participation Code**

The St. Vrain Valley School District RE-1J reserves the right to amend and revise the Code of Conduct from time to time as it is deemed necessary and proper.

Once the acknowledgment is properly signed, the student is subject to this Code during all school years in which he or she is eligible to participate. In addition, sanctions may be imposed for serious and substantial violations, occurring at any time during the school year, on or off campus, and where deemed appropriate while school is not in session.

To be eligible to participate in athletic programs, a participant should be academically eligible, attend school on a regular basis in accordance with attendance policies, and conform to district and individual school standards of conduct and sportsmanship.

**Rules of Conduct**

A. The following conduct, regardless of whether it constitutes a single incident or a pattern of activity, shall be grounds for disciplinary action.

1. Use, possession, sale, and/or exchange, regardless of the quantity, of alcoholic beverages, illegal controlled substances (e.g. hallucinogens, marijuana, anabolic steroids, etc.) and tobacco (in any form).
2. Willful disobedience or open and/or persistent defiance of authority.
3. Willful destruction, damage, or defacing of any school property or equipment (including athletic equipment.)
4. Behavior which is detrimental to the welfare and safety of others or behavior which could be characterized as lacking proper or good citizenship or sportsmanship practices. For purposes of this policy, the phrase "lacking proper or good citizenship" includes, but is not limited to, behavior which is prohibited or punishable by federal, state or local criminal statutes.

B. Penalties for Rule Violations - For any of the above offenses, the following disciplinary action will be taken:

**1st Offense** - Suspension of the participant from 30% (or major fraction thereof) of any athletic contests that enter the schedule of a sports season (does not include scrimmages). If a participant should be suspended late in the season and be unable to fulfill the 30% penalty, the remaining suspension will extend into the participant's next sports season.

\*\*Students who self-report may opt for a 10% loss of season with 10 community hours or 20% suspension with no community hours. Students without additional violations for one calendar year may be reinstated to "no prior" offense status. Such reinstatement can occur only once during a student's years of eligibility.

**NOTE:** Participants are expected to practice during the period of suspension from athletic contests in order to finish a sports season in good standing and to be eligible for any awards.

**2nd Offense** - Suspension from 60% (or major fraction thereof) of any athletic contests that enter the schedule of a sports season (does not include scrimmages). If a participant should be suspended late in the season and unable to fulfill the 60% penalty, the remaining suspension will extend into the participant's next sports season.

**3rd Offense** - Suspension from practice and competition for 180 school days and designated practice days. If 30 days or less is left on the suspension and they extend into a new sports season, the participant may

begin practice. Penalties for violations beyond the 3rd offense shall be at the discretion of the building principal and/or Director of Athletics and may include permanent prohibition from participating in district programs. Enforcement of any penalty shall commence from the day the athlete is determined to have violated the rules of conduct. Penalties accumulate during middle school participation, but do not carry forward to high school. **SHOULD A PARTICIPANT TRANSFER TO ANOTHER DISTRICT SCHOOL, ANY ACQUIRED PENALTIES WOULD ALSO TRANSFER.**

C. Any violation of the participation code may result in the revoking of any awards for which the participant might otherwise be eligible.

D. The District and administration reserve the right to bypass any or all of the levels of penalties and impose any or all of the more serious levels of penalties if the seriousness of the offense warrants such action.

**FEES - All students participating will be charged a \$55.00 fee per activity.**

#### **GENERAL ELIGIBILITY**

**A student shall be eligible if they meet the following:**

**A. Must be bona fide member enrolled at the school for which they participate or students who attend private school or are home schooled may participate at their school of residence.**

**B. In the judgment of the principal of the student's school, he/she is representative of the school's ideals in matters of conduct and sportsmanship.**

**C. Forms required**

**1. Informed Consent**

- a. Required for all intramurals.
- b. Recommended for all engaging in activities.

**2. Insurance Waiver**

- a. Required for all intramurals.

**3. Acknowledgement and Contract (District Code of Conduct)**

- a. Required for those trying out for traveling squads.
- b. Recommended for all activities

(please print)

STUDENT NAME \_\_\_\_\_ GRADE \_\_\_\_\_ GENDER \_\_\_\_\_ PHONE # \_\_\_\_\_

**ACKNOWLEDGEMENT AND CONTRACT**

I, \_\_\_\_\_, desire to be a participant in intramural/co-curricular/activity programs representing \_\_\_\_\_ Middle School.

My signature acknowledges the following:

1. I reside in the attendance area for the school listed above, or I have received permission from appropriate school authorities to attend a school not in the attendance area of my residence.
2. I hereby authorize transportation to and from scheduled events in school district vehicles or private vehicles in accordance with School District Policy (EAD and EEAE).
3. Once properly signed the student is subject to the St. Vrain Valley School District RE-1J Code of Conduct during all school years in which he or she is eligible to participate.
4. I have read and understand the Code of Conduct as published in the St. Vrain Valley School District's Student-Parent Handbook and agree to comply with the provisions therein.

Student Signature \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_

Note: Each secondary school will keep on file in the school office a copy of the signed acknowledgement and contract for each participant. A signed copy must be on file prior to participation.

Completed: \_\_\_\_\_ Date \_\_\_\_\_ Signature of School Official \_\_\_\_\_ 7

**PARENT PERMISSION FOR INTRAMURAL PARTICIPATION**

I have checked with the Counselor and have enrolled in enough classes. Residence: I am presently living with:

- My Parents \_\_\_\_\_
- My Legal Guardian \_\_\_\_\_
- A Relative (state relationship) \_\_\_\_\_
- Other (explain) \_\_\_\_\_

**PARENT OR GUARDIAN PERMIT**

WARNING. Although participation in supervised interscholastic athletics and activities may be one of the least hazardous in which any student will engage in or out of school, by its nature PARTICIPATION IN INTERSCHOLASTIC ATHLETICS INCLUDES A RISK OF INJURY WHICH MAY RANGE IN SEVERITY FROM MINOR TO LONG TERM CATASTROPHIC OR EVEN DEATH. Although serious injuries are not common in supervised school athletic programs, it is impossible to eliminate this risk.

Participants can help and have the responsibility to reduce the chance of injury. PLAYERS MUST OBEY ALL SAFETY RULES, REPORT ALL PHYSICAL PROBLEMS TO THEIR COACHES, FOLLOW A PROPER CONDITIONING PROGRAM, AND INSPECT THEIR OWN EQUIPMENT DAILY. By signing this Permission Form we acknowledge that we have read and understand this warning. PARENTS OR STUDENTS WHO DO NOT WISH TO ACCEPT THE RISKS DESCRIBED IN THIS WARNING SHOULD NOT SIGN THIS PERMISSIONFORM.

I hereby give my consent for \_\_\_\_\_ Middle School to compete in athletics for \_\_\_\_\_

Date \_\_\_\_\_ Parent/Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_ Student Signature \_\_\_\_\_

**ATHLETIC INSURANCE WAIVER**

I understand that the St. Vrain Valley School District DOES NOT provide accident insurance for students participating in school sports or any other activity.

Check One:

- I have accident insurance coverage. \_\_\_\_\_
- Company \_\_\_\_\_ Policy/Group # \_\_\_\_\_
- I have purchased student insurance made available through the St. Vrain Valley School District. \_\_\_\_\_

I agree to have my information shared with the district's health insurance liaison regarding free or low cost health insurance. Benefits include:

- Full comprehensive health insurance plans available through Medicaid and Children's Health Plan Plus (CHP+)
- Vision and Dental services offered.
- Quick confidential screening and enrollment for SVVSD athletes.

I do not have insurance and will assume responsibility for payment of expenses incurred in the event of an injury.

Date \_\_\_\_\_ Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_ Student Signature \_\_\_\_\_ 8