

# MEET THE PRIDE @LYONSLIONS.CO

## The Leadership Team at Lyons Middle Senior High School

*Dr. Andrea Smith*



I joined St. Vrain Valley School District five years ago and have loved every minute of it! This is my second year at Lyons Middle Senior High School, and I feel so lucky to have the opportunity to work with such talented teachers in an amazingly supportive community. The best part of being a school leader is that every day is different! I enjoy working with teachers, parents, and students to build a school culture that values respect, empathy, acceptance, rigor...and fun!

As a graduate of the St. Vrain Valley School District, I am honored to serve the amazing Lyons community! I started my journey as an educator in Arizona and joined St. Vrain Valley Schools three years ago. This is my second year as a member of the Lyons Pride, and I'm enjoying every second. As a school leader I'm always inspired by the the passion, expertise, and care each staff member, student, parent, and community member contributes to support students! Go Lions!

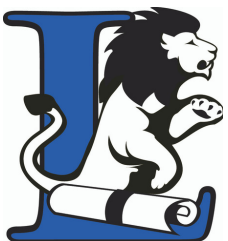
*Ms. Colleen Ford*



*Mr. Jason Maguire*



I have worked at Lyons Middle Senior High School for all 20 years of my career! I have been a teacher and a coach and moved into the Athletic Director/Dean of Students role three years ago. I enjoy working with our amazing students each day. I am a proud parent of two Lyons High School students: Maddi who is now a junior at the University of Wyoming and Taylor who is currently a senior at Lyons. In my free time I enjoy hunting, hiking, and biking.



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### High School Teachers



*Ms. Anna Marie Strzyz*

I'm excited to be a member of the Lyons faculty for my 17th year. In my 19 years of teaching, I have taught all high school grade levels but have specialized in teaching freshmen each year of my career in education. This year, I'm teaching English 9, English 9 Honors as well as seniors in English 12. I'm also the proud advisor of our high school yearbook. I feel privileged to work at Lyons because of my amazing colleagues and wonderful students. They make coming to work each day both an honor and a joy. When I'm not teaching, I enjoy being outdoors swimming, biking, running, hiking, gardening, paddle boarding, snowshoeing, or skiing.



*Mr. Mark Roberts*

I teach Algebra I, Algebra II, and Iron Works, and have also taught a number of English classes in the past. This is my 29th year teaching, and I've been at Lyons for the duration. I believe Lyons Middle Senior offers a unique experience in the district because of the close-knit staff and community, the accountability that is provided from our "family" atmosphere, the opportunity to be involved in a variety of activities, and the expectations of excellence that exist within that framework. My wife and I have ten children, and all but the youngest have participated in some aspect of the school over the past fourteen years. We are very thankful and blessed to be a part of this amazing place!



*Ms. Stephanie Busby*

This is my 11th year teaching Art at Lyons Middle Senior High School! I am amazed every year to watch kids graduate and think about how much they have changed from when I had them in 6th grade! I appreciate the small and mighty ways of LMSHS, which builds a great community inside our walls and out into the towns around us! I love traveling and being an artist makes it an even more exciting adventure! I spend my free time biking, hiking and being with my daughters and family. Too much to do in so little time!



*Mrs. Paula Maguire*

I began my teaching career in 1995 at Ft. Morgan High School and have since been at Lyons for the past 21 years. I currently teach high school geometry, intermediate algebra, math extensions and health. I absolutely love Lyons because of how respectful and hard working the students are here. I am also blessed to work with incredible colleagues who are supportive and inspiring. I have a wonderful husband and two amazing daughters whom I love to spend time with when I am not here at school.



*Ms. Allison Zema*

I am a first-year teacher at Lyons, and I have been feeling so welcomed by this compassionate and creative community. I teach middle and high school choir, as well as middle school drama and high school stage technology. I also help facilitate the high school theatre production each year. It has been such a joy to see how dedicated these students are to improving themselves both academically and emotionally, and this particular strength sealed the deal for me to begin my teaching career in this incredible community. In my spare time, I love to take portrait and concert photography, write in calligraphy, and swing dance. I also have a large collection of Crocs shoes!



*Dr. Karen Gregg*

I am in my 19th year of teaching band at Lyons. In that time, the participation in band classes has gone from 60 students to over 250. I teach all instrumental music classes for both the middle and high school grades, in addition to middle school study skills and keyboarding. The parental, community, and administrative support for the music programs has been phenomenal and it's the reason I have chosen to teach here for my entire career. In my free time I love to do anything outdoors with my husband and two kids (hiking, running, paddle boarding, ice skating, snowshoeing) as well as perform in professional orchestras across the front range.



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### High School Teachers Continued



*Ms. Jenna Ptasehek*

Hello everyone, I am a first-year teacher here at Lyons High School. I am incredibly excited to be a part of the Lyons school and town community! The amount of support within the school is unlike any program I have experienced, and the community has been so generous and welcoming. I teach special education resource classes including pre-algebra and academic lab. I also provide support in chemistry classes through co-teaching with Ms. Steele. I completed my college education at UNC, (Go Bears!), receiving my BA in Special Education Generalist K-12. Before joining the Lyons Pride I worked as a paraprofessional in a high school resource room for a year and worked as a respite care provider for 3 years. I cannot wait to see what this year brings and continue to learn and grow with the Lyons community!



*Ms. Jeannean Anderson*

This is my 31st year of teaching high school English language arts and I have been at Lyons since 2001. I grew up in a small farming community in Wyoming so my heart has always been with small schools. I like that the Lyons school community is like an extended family for me in how well we get to know the students, their parents, and fellow teachers. I have taught in two other schools in two other states and Lyons is the place to be!



*Mr. Robert Sauer*

This is my first year at Lyons and I am teaching Algebra II, High School Technology, and Middle School Design Thinking. Previously, I taught math, physics, and pre-engineering in Kansas City. Teaching is a second career for me as I worked as a design engineer for Ford Motor for 20+ years working on products such as the F-Series truck and the Ford Escape. I moved to this area to be closer to my grandchildren and now my 4 year-old twin grandchildren love coming to the different Lyons Middle School and High School events to watch the students in their activities and to root for the Lions. Go Lions!



*Mrs. Berenice Nelson*

Buenas tardes familias, I am new to Lyons HS this year. I am teaching Spanish levels I, II, III, and AP. I have spent half of my educational career teaching languages and the other half as an instructional coach. I have been in Colorado for 30 years. I earned my BA and MA from UNC, completing graduate summer classes at the University of Salamanca, Spain. I firmly believe that everyone can learn another language; My personal goal is to always encourage my students to learn Spanish. I like hiking and biking, and I enjoy spending time with my husband and my two sons. ¡Viva el español! Profe Nelson



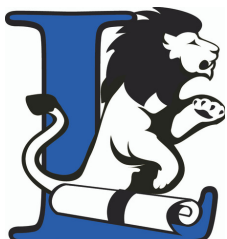
*Mr. Jason Yantzer*

This is my 21st year as a teacher/administrator, 19 years of teaching with two years as an Athletic Director/Assistant Principal. This is my 4th year at Lyons. I teach a variety of Social Studies and Physical Education Classes including US History, AP US History, American Government, Psychology, Sociology, and Ironworks. I love being a part of Lyons. Small schools offer a great opportunity to build strong professional relationships with the staff and the students which creates opportunities for success. I have two fantastic kids and a tremendously supportive and understanding wife who is also in the field of education as an administrator. I love fly fishing and working on small construction projects.



*Mr. Christopher Carter*

I currently teach Math 7, Math 8, Precalculus and AP Calculus AB. This is my 2nd year teaching at Lyons and my 15th year teaching overall. Prior to becoming a teacher, I spent 10 years in the U.S. Coast Guard. I have taught in small schools before and I also have taught at the largest high school in Colorado, so my favorite thing about Lyons is the small school atmosphere. During my free time I like to hike, camp, go skiing and spend time with my family.



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### High School Teachers Continued



*Mr. Zach Martinez*

I am in my 7th year of teaching. This will be my second year at Lyons High School, but it is my 5th year teaching in Lyons. I teach Core Physical Education specifically Team Sports, and I am also an assistant football coach. My favorite thing about Lyons High School is the strong community we have within the school. Outside of school I have many hobbies such as fishing, hunting, and riding my mountain bike.



*Mr. Brand Deming*

This is my 7th year at Lyons and 16th year teaching. My nine previous years were in Las Vegas, NV. I teach Social Studies, which include AP US Government, US Government, World Studies, Personal Financial Literacy, and Economics amongst others. The small atmosphere at Lyons makes it so students won't get lost in the shuffle. The school community works together. I am married and have two great children. When I have free time, I love anything sports related, the outdoors, reading, and traveling.



*Mr. Eric Henson*

I have been teaching for 23 years, and this is my fourth year at Lyons. I teach English 11, Advanced Seventh and Eighth Grade Language Arts, and two middle school physical education classes. I really like being able to teach both middle and high school students because it makes my day interesting and challenging. Outside of school, I hang out with my wife and two boys and try to get in as much mountain biking as I can.



*Mr. Jeff Klipstein*

I teach AP Biology, Biology, and Anatomy and Physiology. I have been a teacher for 24 years, 12 of them here at Lyons. My favorite thing about Lyons is the tradition. People go out of their way to make sure we recognize and uphold the character of this school. I have now been in Colorado longer than I was in Buffalo New York where I grew up.



*Mrs. Roxy Dowding*

Hello! This is my first year at Lyons Middle Senior, and I must say I am absolutely loving the culture of this small and mighty school. I teach high school special education courses including basic algebra, and practical English. I have been teaching for 10+ years. I started my career as a high school social studies teacher and worked in several different districts and settings, all revolving around students at-risk and students that require a greater level of support. I lived in Lyons as a child, but moved to Chicago with my family until I came back to Colorado to attend college at UNC. I have 2 wonderful children that attend Lyons Elementary. I am excited to be part of this school and can't wait to see what the rest of the year holds!



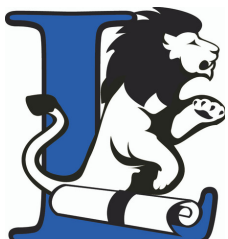
*Ms. Sarah Steele*

Hi everyone! I am a first-year teacher at Lyons. I am the chemistry and physics teacher at the high school level. I also coached Middle School volleyball and helped out with High School volleyball. I will be an assistant coach for the High School girls basketball team. I grew up in the St. Vrain district and attended Mead schools throughout my K-12 education. After high school I graduated from Colorado State University where I majored in Natural Sciences. Teaching/coaching at Lyons Middle Senior has been such a blessing. From the students to the staff, everyone is incredibly welcoming and I couldn't have asked for a better school. I look forward to see what the rest of the year brings!



*Ms. Kristine Coniway*

I'm committed to sharing a love of music. I currently teach Music Technology, History of Rock and Roll and assist with the beginning band. I have always been fascinated with curriculum and the research being done on the human brain. These interests also help me to teach the study skills class. I was co-chair for the 2018 Colorado Music Curriculum Revision and also serve on the Board of Governors for Colorado All State Orchestra. I can often be found playing bassoon in local community orchestras and bands. I'm a Longmont and SVVSD native and have been teaching since 1987, including many years teaching strings and orchestra.



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# HS LANGUAGE ARTS

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### Course Offerings

English 9	Mystery Literature (semester long, elective credit only)
Honors English 9	AP Literature and Composition (alternating years 2020-2021)
English 10	AP Language and Composition (alternating years 2019-2020)
Honors English 10	
English 11	
English 12	

### What should I take as a 9th grader?

**\*I want to take a regular college preparatory course.**

#### → Traditional English

This course is a survey of all strands of language arts. Students complete units on short stories, non-fiction, the epics, the novel, poetry, the play, expository writing, and research. Additional assignments include vocabulary, outside reading, and lessons on writing mechanics.

**\*I currently have an A or B in middle school English and I plan on taking an AP English course as an upperclassman.**

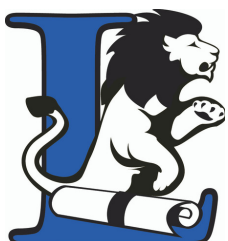
#### → Honors English

This course introduces students to the AP English standards with a focus on analyzing literature through analytical writing and public speaking. Students read and dissect classic Greek literature, Shakespeare, and poetry in addition to modern texts using literary concepts.



### Graduation Requirements

Four years of high school English are required. College bound students should try to take an AP English their junior or senior year. All English classes help prepare students for success after high school and meet college entrance requirements.



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# HS MATHEMATICS

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### Course Offerings

Algebra 1  
Geometry  
Intermediate Algebra  
Algebra 2  
Pre-calculus with Trigonometry  
AP Calculus A/B



### What should I take as a 9th grader?

**You should make your decision based on these things:**

The recommendation of your middle school math instructor. Your math instructor is in the best position to determine where you should be placed to ensure success. Many things go into this recommendation:

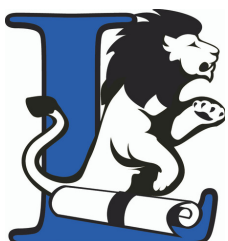
- (1) your achievement.
- (2) your "readiness" to proceed.
- (3) your ability to do abstract thinking, which is sometimes difficult to judge.

**You should also think about your goals post high school:**

A student who is college-bound has different math needs than one who is not. Please discuss your options with your parents, current math instructor, and counselor. All math programs offered at Lyons High School prepare students for CMAS, PSAT, ACT, SAT, and college mathematics courses.

### Graduation Requirements

Three years of high school math are required. College bound students should take four years of math. All math classes help prepare students for success after high school and meet college entrance requirements.



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# HS SCIENCE

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### Course Offerings

Biology	Environmental Science
Honors Biology	AP Environmental Science
Chemistry	Anatomy and Physiology*
Honors Chemistry	Marine Lab*
Physics	* semester elective, alternating years
AP Biology	



### What should I take as a 9th grader?

**\*I want to take a regular college preparatory course.**

#### → Biology

The course emphasis is on the structure and function of living things and the relationship of living things to their environments. Students will learn biological content that will help them be informed and contributing citizens in today's society. The course utilizes investigation and inquiry-based scientific processes.

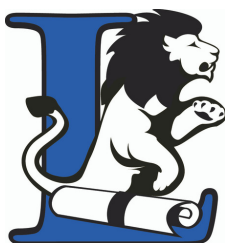
**\*I have an A or B in middle school science and I plan on taking an AP course as an upperclassman.**

#### → Honors Biology

Students will become familiar with the growing field of biochemistry as they learn about the molecules of life, enzyme activity, photosynthesis, cellular respiration, DNA replication, and protein synthesis. They will explore the relationship between structure and function as they learn parts of plant and animal systems and cells. Students will note the unity of life, and its diversity, as they study mitosis, genetics, evolution, and taxonomy. Other emphases are on planning an investigation, becoming familiar with scientific notation and significant digits, analyzing data, checking validity of conclusions, and writing lab reports.

### Graduation Requirements

Three years of high school science are required. College bound students should think about taking four years of science. All science classes help prepare students for success after high school and meet college entrance requirements.



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# HS SOCIAL STUDIES

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### Course Offerings

World Geography/World History

U. S. History

U. S. Government/CO Government

AP U. S. Government (alternating years 2020-2021)

AP U. S. History (alternating years 2019-2020)

Personal Financial Literacy (graduation requirement-class of 2021+, one semester)

Psychology\*

Sociology\*

Economics\*

Law in American Society\*

\*semester elective, alternating years



### What should I take as a 9th grader?

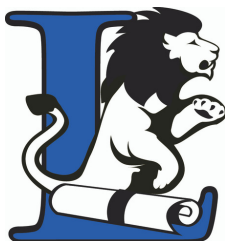
**\* I want to take a regular college preparatory course with the potential for taking an AP Course as an upperclassman.**

#### → World Geography/History

This course integrates World Geography and World History and provides a base of knowledge for regions of the world. Along with the physical geography and history of the region, economic, political, social, and cultural aspects of human activity are studied. The themes of geography and history are used to explore and analyze the past and relate historical events to present global issues. The course utilizes geographic and historical skills to analyze maps, readings, and documents in order to dive into critical thinking skills in a collaborative environment.

### Graduation Requirements

Three years of high school social studies are required. All social studies classes help prepare students for success after high school and meet college entrance requirements.



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# HS FOREIGN LANGUAGE & ELECTIVES @LYONSLIONS.CO

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## Course Offerings

### Foreign Language

Spanish 1  
Spanish 2  
Spanish 3  
AP Spanish

### Music

Concert Band  
Jazz Band (required audition)  
Mixed Choir  
Select Choir (required audition)  
Beginning Guitar\*  
History of Rock and Roll\*

### Technology

Stage Technology\*  
Technology 2\*  
Computer Science\*  
Music Technology\*  
Assistant Media

### Art

Painting\*  
Ceramics\*  
Drawing\*  
Digital Photography\*  
2D Design\*  
3D Design\*

### Misc. Electives

Yearbook (application required)  
Algebra Extensions  
Literacy  
Teacher/Office Aide  
Elementary Tutor

### Physical Education

Health  
Iron Works  
Physical Education  
\* semester electives, offered  
based on student requests,  
staff availability, and  
alternating semesters or  
years.

## What should I take as a 9th grader?

All 9th graders take a semester of health and and personal financial literacy (social studies elective graduation requirement). Most 9th graders take at least on semester of physical education and some additional electives.

## Graduation Requirements

Students are required to take 0.5 credits of practical arts, 0.5 credits fine arts, 0.5 credits health, 2.0 credits of physical education, and 7.5-8.0 credits of general electives to meet graduation requirements.



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# HS EXTRACURRICULARS

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We believe that students should have the opportunity to engage in the school community outside the classroom. It is our hope that all students will find something they enjoy!

### Athletics

#### Fall

Boys Cross Country  
Girls Cross Country  
Football  
Volleyball  
Softball  
Cheer

#### Winter

Girls Basketball  
Boys Basketball  
Wrestling  
Cheer

#### Spring

Girls Track  
Boys Track  
Baseball



### Clubs

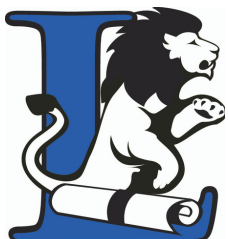
#### Year Round

Book Club  
Drone/Robotics  
Student Council  
National Honor Society  
Science and Leadership  
Chess/Games Club  
LGBTQIA+

### Fine Arts

#### Year Round

Band  
Jazz Band  
Choir  
Concert Choir



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# STUDENT SUPPORTS

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### Counseling and Intervention

Please see the Counseling Department Sheet in your folder for more detailed information.

**Aimee Brown** serves all students with the last name starting with A to J.

**Denise Rominger** serves all students with the last name starting with K to Z.

**Nina DeFrance** serves all students to support social and emotional health.

### Special Education Services

For students that have been identified as needing special education services or come to school with an Individualized Education Plan (IEP), Lyons Middle Senior has three special education teachers; one at the middle school level and two at the high school level. Our school psychologist provides targeted supports and gathers data to help teachers more effectively meet student needs. Our paraprofessional provides additional classroom support for students. Depending on the needs of the student indicated on their IEP, there is a continuum of services delivered by special education staff ranging from consultation with regular education teachers to varying amounts of direct services.

**Kim Malito** - Middle School Special Education Teacher

**Roxy Dowding** - High School Special Education Teacher

**Jenna Ptaschek** - High School Special Education Teacher

**Maddie McKean** - Paraprofessional

**Amy Crawford** - School Psychologist

**Alyse Fieldgrove** - Autism Specialist and Instructional Coach

### Safety and Security

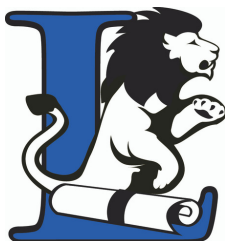
**Robert Olds** serves as our campus supervisor supporting students by keeping the campus secure.

**Deputy Mitch Rosebrough** serves as our campus school resource officer in partnership with Boulder County.

### Media Center and Technology

**Bonnie Meyers** supports students and teachers by providing instructional resources and a welcoming learning environment to enhance 21st century learning.

**Sarah Wegert** supports students and teachers with the integration of technology into standards based instruction to create 21st century scholars and create a culture of innovators.



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# SCHEDULE

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### Lyons Middle School Schedule

Period 1	7:45 -8:40
Period 2	8:44 - 9:39
Period 3	9:43 - 10:38
Period 4	10:42 - 11:37
Lunch	11:37 - 12:17
Period 5	12:17 - 1:12
Period 6	1:17 - 2:12
Period 7	2:17- 3:10

### Lyons High School Schedule

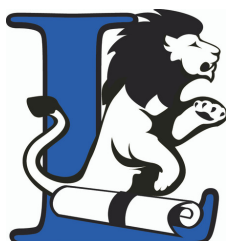
Monday, Tuesday, and Wednesday

Period 1	7:45 - 8:31
Period 2	8:36-9:22
Period 3	9:27 - 10:13
Period 4	10:18 - 11:04
Period 5	11:09 - 11:55
Period 6	11:59 - 12:45
Lunch	12:45 - 1:30
Period 7	1:30 - 2:18
Period 8	2:23 - 3:10

Thursday (Odd Blocks)

Friday (Even Blocks)

Period 1/2	7:45 - 9:20
Period 3/4	9:25 - 11:00
Period 5/6	11:10 - 12:45
Lunch	12:45 - 1:30
Period 7/8	1:30 - 3:10

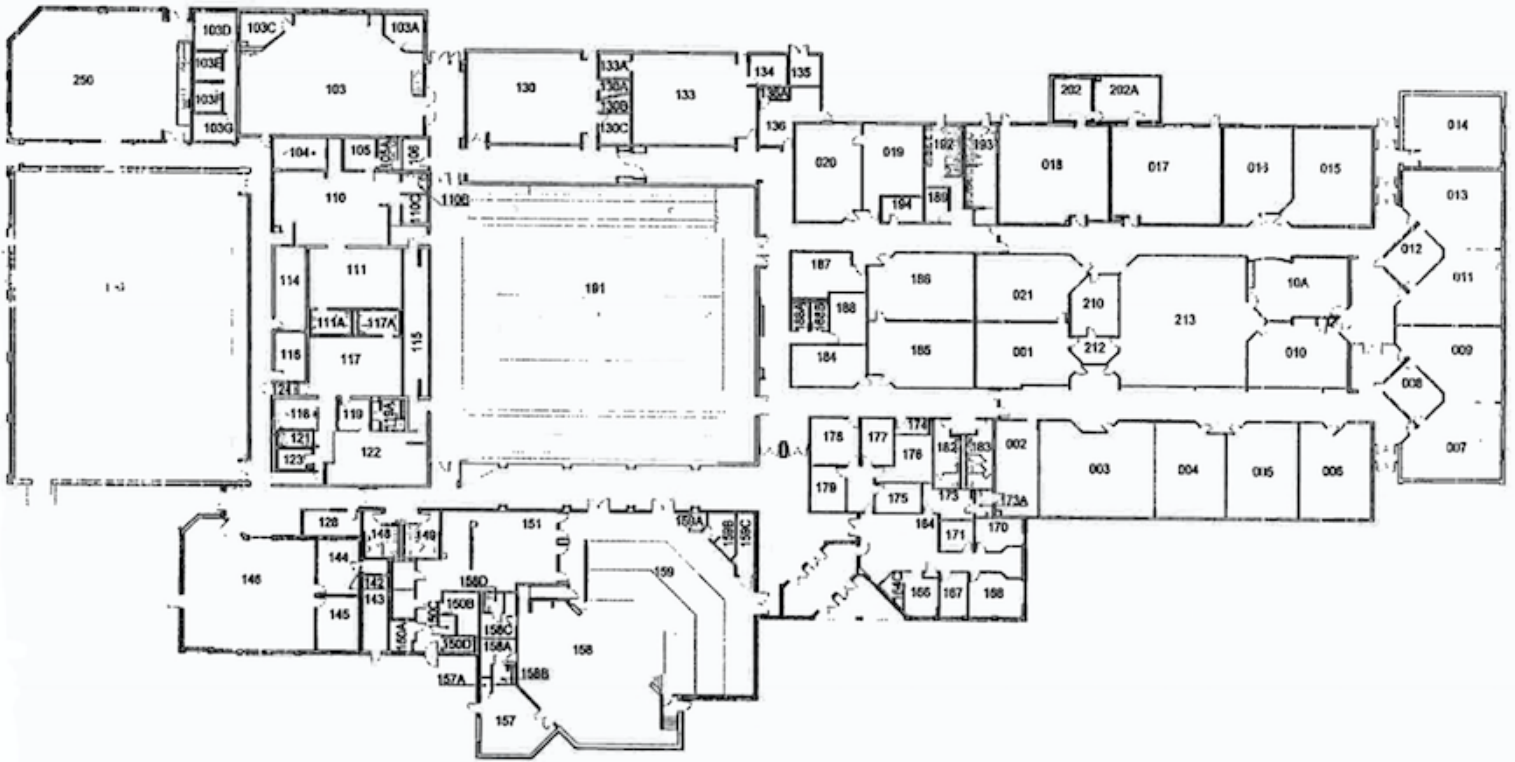


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# YOU ARE HERE

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### Lyons Middle Senior High School Map



### Lyons Points of Pride

High School Hallway  
Middle School Hallway  
Library  
Fine Arts  
Cafetorium  
Main and Auxiliary Gyms  
Technology  
Main Office



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Phone 303.823.6631



Fax: 720.494.3855

## *About us*

The Lyons Middle Senior High School counseling staff has a wide range of experience in working with adolescents in all areas including college and career counseling, special education, workplace readiness, classroom teaching, mental health counseling and trauma response. Students are assigned to counselors by last name.

Aimee Brown, School Counselor  
Denise Rominger, School Counselor  
Nina DeFrange, Interventionist  
Kathy Slauson, Registrar

A to J  
K to Z  
All students  
All students

[brown\\_aimee@svvsd.org](mailto:brown_aimee@svvsd.org)  
[rominger\\_denise@svvsd.org](mailto:rominger_denise@svvsd.org)  
[defrange\\_nina@svvsd.org](mailto:defrange_nina@svvsd.org)  
[slauson\\_kathy@svvsd.org](mailto:slauson_kathy@svvsd.org)

## *High School Counselors provide...*



Personal and social counseling  
Crisis counseling  
College and career counseling  
Academic advisement  
Assistance with social skills

Referrals to community agencies  
Classroom guidance instruction  
Letters of recommendation  
Small group counseling  
Assistance with study skills

## *About our Interventionist*

Lyons Middle Senior High School is fortunate to have an Interventionist, Nina DeFrange, a Clinical Social Worker who works with all students at Lyons Middle Senior High School. Nina works closely with the building counseling team, teachers, and administrative team to coordinate, facilitate and implement mental health support services. Mental Health Counselors/Social Workers provide a variety of services including mental health assessments, mental health counseling, prevention and awareness education, assessment and referral to community resources, crisis response assistance, advisement for faculty and staff, small group counseling, support as part of the district Trauma Response Team, and leadership. If you have any questions or would like to contact Nina, please do so by calling 303.823.6631, or e-mailing her at [defrange\\_nina@svvsd.org](mailto:defrange_nina@svvsd.org).

## *Additional Support*

Lyons Middle Senior High School is fortunate to receive support from Lauren Emerson, Attendance & Engagement Liaison. Mrs. Emerson makes regular visits to our building and collaborates with our staff to support students in regularly attending school and achieving success. Mrs. Emerson can be reached at 720-534-9410 or by e-mail at [emerson\\_lauren@svvsd.org](mailto:emerson_lauren@svvsd.org).



The Lyons Middle Senior High School Counseling Department is thrilled to be using Naviance, a college and career readiness tool that helps connect academic achievement to postsecondary goals. Naviance is a web-based college search engine that allows students to research colleges, find scholarships, build resumes, match interests to careers and plan for after high school. Students also use Naviance to access our college visit calendar and scholarship lists. Naviance logins are the same as students' original Infinite Campus logins (user: smith.andrea22 pass: sv123456)



## College Visits

College admission representatives hold college visits at Lyons Middle Senior High throughout the year. This list of visits is posted on Naviance starting in late August and is added to as new visits are scheduled. These visits are an amazing opportunity to show demonstrated interest in a specific college, as well as meet the admissions representative assigned to LMSHS. Students can receive email reminders and notification of visits by adding specific colleges to their college list on Naviance.

## Counseling Blog



The Lyons Middle Senior High School Counseling Department is excited to utilize our blog that provides resources to students and parents. Categories on our blog include:

- Academic (resources & tutoring, grad requirements, AP, Concurrent Enrollment, GT, credit recovery)
- Enrichment (activities, volunteering, summer programs)
- College & Career (ICAP, college planning, NCAA, military, gap year)
- College Applications (SAT/ACT, transcripts, letters of rec, college essays & interviews, financial aid)
- Wellness (mental health support & resources)
- Community (resources for mental health, housing, medical, legal and other community supports)

Counseling Blog: Go to <https://blogs.svvsd.org/lmshscounseling/> or



Naviance: Go to <http://lmshs.svvsd.org> > Quick Links > Naviance or



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